OLILO by Cat Cora

As a world renowned chef, Cat Cora's culinary aspirations began at an early age, and by 15, she had developed a plan for her own restaurant. In 2005, she made television history on Food Network's "Iron Chef America" as the first and only female Iron Chef. Since then, Cat has continued to evolve her craft, becoming an accomplished author, restaurateur, philanthropist, and television host.

Her newest creation came from her exclusive partnership with Aramark called OLILO. It’s a play on olio. It’s olive oil, it’s the Mediterranean diet, and it’s health and wellness. That’s what my food represents.

“Aramark and OLILO really support my mission of eating well and eating food that’s healthy and good for you. So you can have peace of mind about what you’re putting into your body.”

Cat Cora

Simply good. Taste and enjoy.
**Create Your Own**

**Step 1: SELECT YOUR BASE (Pick 1)**

GREENS + GRAINS BOWL
- SUPER GREENS kale + arugula + spinach
  1/2 ozw • 15cal
- 7 GRAIN BLEND or QUINOA TABBOULEH
  1/2 cup • 230cal
  1/2 cup • 140cal

FLATBREAD
- 3.5 ozw • 300cal

**Step 2: SPREAD THE LOVE (Pick 2)**

TZATZIKI
- 1 ozv • 20cal

BABA GANOUSH
- 1 ozv • 35cal

EDAMAME-AVOCADO HUMMUS
- 1 ozv • 80cal

CUMIN-SCALLION HUMMUS
- 1 ozv • 80cal

HARISSA
- 3 ozw • 25cal

GREEK YOGURT
- 1 ozv • 20cal

ROMESCO
- 1 ozv • 120cal

HUMMUS
- 1 ozv • 80cal

**Step 3: PAIR WITH PROTEIN (Pick 1)**

- GRILLED SALMON
  - 3 ozw • 170cal
- LEMON ROSEMARY CHICKEN
  - 3 ozw • 130cal
- BAKED FALAFEL
  - 3.75 ozw • 150cal

HARISSA BRAISED LAMB GREENS & GRAINS BOWL
- 1 ozv • 250cal

**Step 4: CHOOSE YOUR TOPPINGS (Pick 3)**

- MOROCCAN CARROT SLAW
  - 1 ozv • 30cal
- PICKLED ONIONS
  - 1/2 ozw • 10cal
- CUCUMBER TOMATO SALAD
  - 1 ozv • 15cal
- FETA CHEESE
  - 1/4 ozw • 30cal
- CUCUMBER POMEGRANATE SALAD
  - 1 ozv • 10cal
- CHICKPEA CHERMOULA SALAD
  - 1 ozv • 30cal
- TOASTED PITA CHIPS
  - 1/4 ozw • 15cal
- SWEET PEA + LEMON MINT SALAD
  - 1 ozv • 15cal
- KALAMATA OLIVES
  - 1/4 ozw • 30cal
- BANANA PEPPERS
  - 1/4 ozw • 0cal

**Step 5: DRESS IT UP (Pick 1)**

- HARISSA
  - 1 1/2 ozw • 70cal
- LEMON + GARLIC
  - 1 1/2 ozw • 160cal
- TAHINI
  - 1 1/2 ozw • 90cal
- YOGURT RANCH
  - 1 1/2 ozw • 20cal
- HERB
  - 1 1/2 ozw • 160cal

Our menu features seasonal ingredients and are subject to change.