

Panera Menu

Salads

Southwest Chile Lime Ranch with Chicken | 320/650 Cal | Pick 2 \$6.59 | Half \$7.69 | Whole \$10.99
Green Goddess Cobb with Chicken | 270/550 Cal | Pick 2 \$5.99 | Half \$7.29 | Whole \$10.29
Modern Greek with Quinoa* | 260/520 Cal | Pick 2 \$5.59 | Half \$6.69 | Whole \$9.59
Spinach, Bacon, & Poppyseed* | 180/350 Cal | Pick 2 \$5.59 | Half \$6.69 | Whole \$9.59
Fuji Apple with Chicken* | 280/570 Cal | Pick 2 \$5.59 | Half \$6.69 | Whole \$9.59
Spicy Thai with Chicken* | 240/490 Cal | Pick 2 \$5.59 | Half \$6.69 | Whole \$9.59
Caesar with Chicken | 220/450 Cal | Pick 2 \$5.49 | Half \$6.49 | Whole \$8.89
Caesar | 160/320 Cal | Pick 2 \$4.19 | Half \$5.19 | Whole \$6.99
Seasonal Green | 90/180 Cal | Pick 2 \$4.19 | Half \$5.19 | Whole \$6.99
Greek | 200/390 Cal | Pick 2 \$4.19 | Half \$5.19 | Whole \$6.99

All items served with choice of Baguette (170 Cal), Chips (150 Cal) or Apple (80 Cal).

*Contains peanuts and/or tree nuts

Mac

Bacon Mac & Cheese | 550/1090 Cal | Pick 2 \$5.69 | Small \$6.19 | Large \$9.49
Baja Mac & Cheese | 530/1070 Cal | Pick 2 \$5.69 | Small \$6.19 | Large \$9.49
Mac & Cheese | 470/950 Cal | Pick 2 \$5.19 | Small \$5.39 | Large \$8.39

Soups

Turkey Chili | 230-890 Cal | Pick 2 \$4.99 | Cup \$5.59 | Bowl \$6.59 | Bread Bowl \$6.99
Ten Vegetable** | 70-730 Cal | Pick 2 \$3.99 | Cup \$4.99 | Bowl \$5.99 | Bread Bowl \$6.29
Chicken Noodle | 110-780 Cal | Pick 2 \$3.99 | Cup \$4.99 | Bowl \$5.99 | Bread Bowl \$6.29
Bistro French Onion | 190-860 Cal | Pick 2 \$3.99 | Cup \$4.99 | Bowl \$5.99 | Bread Bowl \$6.29
Black Bean** | 90-760 Cal | Pick 2 \$3.99 | Cup \$4.99 | Bowl \$5.99 | Bread Bowl \$6.29
Baked Potato | 220-890 Cal | Pick 2 \$3.99 | Cup \$4.99 | Bowl \$5.99 | Bread Bowl \$6.29
Broccoli Cheddar | 230-900 Cal | Pick 2 \$3.99 | Cup \$4.99 | Bowl \$5.99 | Bread Bowl \$6.29

**Vegetarian

Sandwiches

Steak & White Cheddar Panini | 440/880 Cal | Pick 2 \$6.19 | Half \$7.29 | Whole \$10.19
Roasted Turkey & Avocado BLT | 340/680 Cal | Pick 2 \$6.19 | Half \$7.29 | Whole \$10.19
Modern Caprese | 380/760 Cal | Pick 2 \$5.89 | Half \$7.09 | Whole \$9.79
Cuban | 440/880 Cal | Pick 2 \$5.89 | Half \$7.09 | Whole \$9.79
Roasted Turkey, Apple & Cheddar* | 380/760 Cal | Pick 2 \$5.89 | Half \$7.09 | Whole \$9.79
Chipotle Chicken Avocado Melt 390/770 Cal | Pick 2 \$5.59 | Half \$6.69 | Whole \$9.29
Bacon Tomato Grilled Cheese | 380/769 Cal | Pick 2 \$5.39 | Half \$6.49 | Whole \$8.99
Frontega Chicken Panini 390/790 Cal | Pick 2 \$5.39 | Half \$6.49 | Whole \$8.99
Bacon Turkey Bravo | 310/620 Cal | Pick 2 \$5.39 | Half \$6.49 | Whole \$8.99
Napa Almond Chicken Salad* | 310/620 Cal | Pick 2 \$4.69 | Half \$5.79 | Whole \$7.99
Ham & Swiss | 300/600 Cal | Pick 2 \$4.19 | Half \$5.29 | Whole \$7.29

Mediterranean Veggie | 220/440 Cal | Pick 2 \$4.19 | Half \$5.29 | Whole \$7.29

Tuna Salad | 320/650 Cal | Pick 2 \$4.19 | Half \$5.29 | Whole \$7.29

Turkey | 270/540 Cal | Pick 2 \$4.19 | Half \$5.29 | Whole \$7.29

Cold Drinks

Reg/20 fl oz \$2.39 | Lg/32 fl oz. \$2.89

Iced Teas | 0-130 Cal | 0-200 Cal

Lemonades | 140/160 Cal | 220/260 Cal

Frescas | 100 Cal | 150 Cal

Soft Drinks | 0-280 Cal | 0-450 Cal

Non-Dairy Smoothies | \$4.99

Green Passion | 200 Cal

Frozen Drinks | \$4.59

Caramel | 560 Cal

Mocha | 540 Cal

Fruit Smoothies with Greek Yogurt | \$4.99

Mango | 290 Cal

Strawberry Banana | 250 Cal

Strawberry | 280 Cal

Coffee, Tea & Espresso

-Hot-

Coffee | Sm 12 fl oz \$1.89 (10-15 Cal) | Reg 16 fl oz \$2.19 (15-20 Cal) | Lg 20 fl oz \$2.39 (20-25 Cal)

Caffe Latte | \$3.69 | 130 Cal

Caramel Latte | \$4.19 | 390 Cal

Caffe Mocha | \$4.19 | 370 Cal

Chai Tea Latte | \$4.19 | 290 Cal

Cappuccino | \$3.69 | 130 Cal

Signature Hot Chocolate | \$3.39 | 510 Cal

Hot Teas | \$2.19 | 0 Cal

Espresso | \$1.79 | 5 Cal

-Iced-

Coffee | Reg 20 fl oz \$2.19 (10 Cal) | Lg 32 fl oz \$2.59 (20 Cal)

Caffe Latte | \$3.69 | 160 Cal

Caramel Latte | \$4.19 | 430 Cal

Caffe Mocha | \$4.19 | 400 Cal

Chai Tea Latte | \$4.19 | 290 Cal

Add shots of espresso (5 Cal/ea.) \$0.79, flavored syrups (50-60 Cal/ea.) \$0.69 or substitute almond milk (40 cal) \$0.49. Also available decaf or with skim milk.

Bowls

Add half salad, half sandwich, cup of soup, or one flatbread \$3.09

Soba Noodle Bowl

Chicken | \$9.69 | 360 Cal

Edamame Blend | \$9.19 | 320 Cal

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.